

## CASE STUDY

## KRISHNAMMA

A Case study of making sustainable income through raising Kitchen Garden



Village	Kamarupalli
Extent	2 cents (0.02 acres)
Model	Suryamandalam
Type of crops	Greens & Vegetables







Krishnamma, w/o. Sreenivasulu comes from Kamarupalli village. She is aged 30 years, and belongs to B.C. community. She is living with her family in the government sanctioned house with her family.

The house in which she lives has got an unused land in the front side. "I always thought of making a meaningful usage of this land" says Krishnamma with regard to her plans about taking up of this kitchen garden.

When REDS organized a meeting to promote kitchen gardens under AGEewa programme, Krishnamma's ideas started taking a shape regarding her plans to make use of this land for the meaningful purpose. "I thought that I should utilize this land through raising a kitchen garden" she replies to the question about why she took-up this activity.

REDS explained her about the importance of raising kitchen gardens and its importance. The input costs and the expected outcomes were explained.

The land was prepared as per the instructions and in guidance with the REDS staff. The seed were sown in the symmetry in which the structure was prepared. Mulching was done using groundnut husk. This helps in absorbing the moisture from the

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Kitchen garden Model	Suryamandal type
Types of crops	Greens and Vegetables
No. of varieties of seeds used	12 varieties
Extent of land	2 cents (0.02 acres)
<b>Inputs applied</b>	
Ghana Jeevamrutham	4 Kgs
Drava Jeevamrutham	Sprayed twice at an interval of 2 weeks each
Expenditure incurred	Rs.60/-
Income received	Rs.1800/-

atmosphere thereby supplying required thin-film of moisture to the seeds to sprout, and grow.

When it comes to the entire process of cultivation, she has used organic manures and growth promoters prepared at the household itself.

She applied Ghana Jeewamrutham as the organic manures, and Drawa Jeewamrutham was sprayed once in every fortnight to ensure healthy vegetative growth and produce.

Speaking about the difference that the kitchen garden has made she says “previously, I used to go to the weekly market for procuring greens and vegetables for the household utilization. I have to spend the money, not only for buying the greens and vegetables, but also on travel by autos etc. Sometimes, it was a problem to travel alone, and also to buy substandard or long-stored and wilted greens and vegetable that are cultivated using chemical fertilizers and pesticides.”

The change that has been observed by her in her own words can be narrated as “it has reduced the expenditure on greens and vegetables as we are getting the fresh ones. Furthermore, as organic manures are used they are very healthy and tasty. The excess produce is sold to the fellow villagers which fetched me an additional income too.”

According to Krishnamma, the total expenditure she has spent on one time production is around Rs.60/-, whereas the amount she received by selling the produce to the fellow villagers is around Rs.1800/-. She has also separated good seed from her own kitchen garden for reusing it, and now she sowed these seed for the second round of crop.

